

The Happy Habit of Daily Painting with Mónica Linares

SUPPLY LIST FOR HOMEWORK ASSIGNMENTS

Brushes

Flat brushes #2, #4, #6, and #8 (Silver Bristlon is a good brand)
One round signing brush (#00)

Paint

Lukas, Golden, or Liquitex acrylic paint in colors

- Cadmium red deep
- Alizarin crimson
- Cadmium yellow (or cadmium yellow medium)
- Cadmium yellow light or lemon yellow
- Ultramarine blue
- Cerulean blue
- Raw umber
- Titanium white
- Quinacridone magenta (optional)

Palette

I like the [Masterson Sta-Wet palette](#) that measures 16×12 inches. If you don't have it or don't want to invest in this yet, a large paper palette works too.

Substrate

20 6×6-inch [hardboard panels](#)

Other

One roll of paper towel

ViewCatcher

Spray bottle and bucket for water

[Scotch removable mounting Putty](#) (1 packet) or duct tape (1 roll)

[Small clip-on lamp](#) (not required)