



FOR IMMEDIATE RELEASE

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North Carolina Museum of Art Hosts "Take Up Space: Women's Weekend at the NCMA" to Celebrate International Women's Day

March 8–10 activities include tours, lectures, performances, artist collective the Guerrilla Girls, and more

Raleigh, N.C.—The North Carolina Museum of Art (NCMA) hosts a weekend of events March 8–10, 2019, in celebration of [International Women's Day](#), globally recognized on March 8 to mark the social, economic, cultural, and political achievements of women and continue the call to action for gender parity. The theme of the weekend is "[Take Up Space](#)," and activities are designed to engage a broad and inclusive audience across the gender spectrum, including trans women and nonbinary individuals. Men and children are also encouraged to attend.

The weekend offers three days of inclusive, imaginative, and thought-provoking activities including artist-led tours, yoga, workshops, and a pop-up chorus to activate, empower, and nurture. It is sponsored by the NCMA's [Matrons of the Arts](#), an initiative that presents programs, exhibitions, and acquisitions by and about women artists. See the full schedule below and at ncartmuseum.org/takeupspace. Tickets for all events go on sale Tuesday, February 5, at 10 am.



Related Events

Friday, March 8

[Artist Talk: Guerrilla Girls Speak Out!](#)

Friday, March 8, 8–9:30 pm
\$15 Members, \$17 Nonmembers

[The Guerrilla Girls](#) are feminist masked avengers in the tradition of anonymous do-gooders like Robin Hood, Wonder Woman, and Batman. A founding member discusses the group's history and shares trade secrets about how to use facts and humor to expose discrimination and corruption in art, politics, and pop culture.

[#ncmaLATE Cocktails and Craftivism](#)

Friday, March 8, 9:30 pm–1 am
\$18 Members, \$20 Nonmembers

At the intersection of craft and activism lies the greater good. Raise a glass and your awareness at this late-night party that includes art making, performances, and silent disco.

Saturday, March 9

The (Museum) Future is Female

Saturday, March 9, 8:30–10:30 am

\$6 Members, \$8 Nonmembers

A panel discussion with directors of the Triangle's foremost art institutions, Valerie Hillings (NCMA), Katie Ziglar (Ackland), and Sarah Schroth (Nasher). Join host Renee Chou of WRAL and discover what they have in common and what makes each stand out. Coffee and pastries available at 8:30 am; discussion begins at 9.

Woman Up! Engage in the Galleries

Saturday, March 9, 10 am–5 pm

Free; no reservation needed

Drop in to learn, create, and discuss current social issues and topics with North Carolina women in the arts.

10 am–noon **Stacey Kirby—VALIDnation**

[VALIDnation](#) is a performative interaction with the public about civil rights and the validity of all communities in the United States.

11 am–1 pm **Jody Servon—My Time Is Valuable**

[My Time Is Valuable](#) is a project for women, girls, and nonbinary and female-identifying people to make visible the value of their time in their homes, workplaces, and beyond.

1–3 pm **Teen Takeover—Buttons to Buck the System**

Small and strong! Say it with a button and communicate your message with help from teens, whose opinions and art get right to the point.

2–4 pm **LGBT Center of Raleigh Women's Initiative**

[The Women's Initiative](#) offers women the opportunity to self-actualize in queer spaces and hear stories of female empowerment from pacesetters in the community.

3–5 pm **Stacy Bloom Rexrode—Tag! You're It!**

[Tag! You're It!](#) is a participatory installation inviting viewers to respond to statistics on the number of women impacted by issues of reproductive health and reproductive rights.

Double Take—Artist-Led Walks through the Galleries

Saturday, March 9, 11 am–4 pm

Free; no reservations needed

Trust yourself! You know more about art than you think, so take a second look. Walk through the Museum with local artists/advocates as your guides; discuss their inspirations in the collection and find your own.

1–11:45 am **Alia El-Bermani**

Artist, teacher, and independent curator, [Alia El-Bermani](#) is a figurative painter with experience leading workshops from her Raleigh studio. She is a member of the Portrait Society of America and a co-founder of the blog Women Painting Women.

1–1:45 pm **Janelle Dunlap**

[Janelle Dunlap](#) is a mixed-media social practice artist who uses space to disrupt expectations of time, culture, and community. Pulling from her career working with at-risk youth and homeless populations, she uses art to build bridges, blur lines, and provide visibility to people who often aren't seen.

2–2:45 pm **Mónica Linares**

Born and raised in Venezuela, [Mónica Linares](#) has a background in advertising and has always been interested in design, color and style. In 1999 she formally started her formation as a painter at the Pittsburgh Center for the Arts. She continues learning and being inspired by contemporary artists.

3–3:45 pm **Llucy Llong**

[Llucy Llong](#) is a visual anthropologist and family archivist who explores the spirit, culture, and traditions of the African diaspora. Through sculpture, digital media, and textiles, she preserves heirlooms from the past, archives the present, and creates artifacts for the future. Llong lives and works in Charlotte, North Carolina, and her hometown of Atlanta, Georgia.

"Matrons of Mystery," A Motley Clue Adventure

Saturday, March 9, [10:30 am](#) or [2 pm](#)

\$45 Members, \$50 Nonmembers

Experience the Museum in a three-hour mystery [scavenger hunt](#) by solving puzzles and seeking clues in the artwork, with a spotlight on women in the permanent collection. Can your team solve the mystery and win the prize before time runs out? Priced per person; register as an individual and be assigned to a team, or register as a team of five.

[Workshop with the Guerrilla Girls—Exercise Your Activism](#)

Saturday, March 9, 11 am–12:30 pm

\$31 Members, \$35 Nonmembers

Learn the working principles of art activism from one of the founding members of the [Guerrilla Girls](#) in this poster-making workshop. Participants are guided to work in groups, focusing on common issues and concerns, and brainstorming and developing activist projects. The workshop culminates in the presentation of each group's proposed campaign—and then it's up to you to follow through and change the world.



[Seeing Ourselves Painting Workshop with Alia El-Bermani](#)

Saturday, March 9, 2–5 pm

\$58 Members, \$65 Nonmembers

Women can be adept at criticizing their outward appearances, making the idea of a self-portrait somewhat daunting. In this workshop artist [Alia El-Bermani](#) gently leads participants through an objective viewing of their own faces, following in the tradition of women artists throughout the ages. All levels are welcome, and no previous painting experience is required.

[Pop-Up Chorus](#)

Saturday, March 9, 2019, 3–5 pm

\$8 Members, \$10 Nonmembers

Whether you're a musical Monet or can't carry a tune in a bucket, bring your friends and meet some new ones at our [Pop-Up Chorus](#). Singing with others connects us in a powerful chain reaction that inspires celebration, confidence, and compassion. Guided by Amelia Shull (arts educator, musician, and founder of feminist nonprofit Girls Rock NC),

you'll learn two songs and sing them together.

Sunday, March 10

Cereal Cinema: Disney's *The Princess and the Frog*

Sunday, March 10, 8–10:30 am

\$10 Members, \$12 Nonmembers, \$5 Children 6 and under

Bedheads are welcome at this early-risers breakfast movie party! Enjoy cereal and coffee (included in ticket price) before settling in for the movie. Cereal and drawing 8–9 am; movie starts at 9.

(2009) Directed by John Musker and Ron Clements. Anika Noni Rose, Oprah Winfrey. (97 min.) G.

A jazzy, toe-tapping take on an age-old tale, *The Princess and the Frog* follows a waitress, desperate to become a restaurant owner, as she sets out to turn a frog prince into the man of her dreams. When she turns into a frog herself, she must find a way to reverse the curse and pursue her dreams.

Colors of Yoga in the Galleries

Sunday, March 10, 9–10 am

\$13 Members, \$15 Nonmembers

Colors of Yoga, Raleigh's only black-owned yoga studio, brings inclusive and mindful movement to the tranquil space of the permanent galleries. Take up time and space for yourself that will ultimately reconnect you to all others. All levels, shapes, sizes, colors, and abilities welcome!

Women Walk—Nature Photography

Sunday, March 10, 10–11:30 am

Free; ticket required

Join an outdoor photography expert and a Park guide to learn what makes a "good" composition and how to eliminate distractions. Discuss the Rule of Thirds, the three pillars of composition, and elements of design. Participants should be prepared to walk up to two miles over varying terrain; 90-minute event. Sponsored by REI.

Woman Up! Engage in the Galleries

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Free; no reservation needed

Drop in to learn, create, and discuss current social issues and topics with North Carolina women in the arts.

11 am–1 pm Rebecca Benedetti—Crystal Singing Sound Bowl Experience

Rebecca Benedetti of [Down to Earth Beauty](#) encourages you to take a deep breath, surrender, and receive the healing tones and vibrations from seven large crystal singing sound bowls. The experience is designed to calm the mind, nourish the body, and energize the spirit.

11 am–1 pm Jeana Eve Klein—Applied Activism

Jeana Eve Klein activates hand-sewn objects to interpret broad themes of value: how society in general assigns value (or worthlessness) to objects, and how the art world, specifically, assigns value to works of art, craft, and design.

1–3 pm Candy Carver—Power Portraits

Create dazzling mixed-media portraits of women and girls you admire, influenced by the women in work by artist Mickalene Thomas. All ages are welcome to create!

2–4 pm **Megan Mazarick—Move Like a Lady**

Megan Mazarick is a choreographer, performer, and teacher. Growing up, she took dance classes that encouraged creativity and loving the skin you are in. As a choreographer, she makes work that is humorous, political, theatrical, and personal. Come move with Mazarick in the galleries, and see what it means to you to move like a lady.



3–5 pm **Ophelia Staton—Art Journaling**

A journal is a container of sorts, holding every thought, idea, or image you may want to store. Try your hand at self-expression through art journaling, and delight in the process of filling this space with explorations of materials, ideas, prompts, and backgrounds.

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11–11:45 am **Noelle Ocon**

Noelle Ocon, senior conservator of paintings at the NCMA, has concentrated on the examination, documentation, and conservation of the 17th-century Dutch and Flemish collection. Her passion is using science and technology in the investigation of artwork

1–1:45 pm **Annah Lee**

Annah Lee received a BA in art history from UNC–Asheville and an MA in art history from UNC–Chapel Hill. Her PhD coursework focused on 19th-century American landscape painting. Since 2012 she has worked as an arts administrator in Raleigh, and she is currently the director of artistic programs at Artspace.

2–2:45 pm **Ellen Hathaway**

Washington, N.C., native Ellen Hathaway believes art is relational, be it between art and artist, art and viewer, or viewer and artist. "For you, there is nothing to understand in my paintings, only to see, feel, and experience with the senses. The painting invites us to just be, one with the other."

3–3:45 pm **Monét Marshall**

Monét Noelle Marshall is a Durham-based artist, director, producer, and creative consultant. She is the founding artistic director of MOJOAA Performing Arts Company and an artistic force who uses the arts to engage communities in collective visioning, changemaking, and joy as social action.

Art and Arcana Tarot in the Galleries

Sunday, March 10, [11 am–1 pm](#) and [2–4 pm](#)

\$13 Members, \$15 Nonmembers

Do you have a question? The answer may be in the cards. The Tarot has been used for centuries as a way of tapping into one's own deep inner knowing and creativity. Join a local Tarot reader to be guided in accessing your intuition. Space is limited; sign up in advance for a 10-minute time slot.

Art Therapy and Self-Care Workshop—You Are Worthy

Sunday, March 10, 2–5 pm
\$54 Members, \$60 Nonmembers

Join Elena Johnson and Bennett Kirkpatrick, licensed professional counselors and expressive arts therapists, to explore what it means to create and claim space in the context of self-care and safety. Through a variety of healing modalities, including visual art and written word, take time to reflect, reconnect, and care for yourself. Learn techniques for setting healthy boundaries, being gentle with yourself, and intentionally caring for others.

NCMA Cinema: *Whip It* with special guests The Carolina Rollergirls

Sunday, March 10, 3 pm
\$5 Members, \$7 Nonmembers

(2009) Directed by Drew Barrymore. Ellen Page, Marcia Gay Harden, Kristen Wiig. (110 min.) PG-13. Digital.

Small-town Texan Bliss Cavendar (Ellen Page) yearns to escape her mother's desire for her to be a beauty queen. She finds comfort and community in the Hurl Scouts, a roller derby team. Girl power mixed with teen rebellion creates a heartwarming, hilarious film experience.

Image captions (top to bottom):

Partygoers pose in front of Mickalene Thomas's *Three Graces: Les Trois Femmes Noires*, 2011.

Guerrilla Girls at the Abrons Art Center, 2015; Photograph © 2015 Andrew Hinderaker, Copyright © 2015 Guerrilla Girls and courtesy of guerrillagirls.com

Museum visitors create art in a workshop.

About Take Up Space

Take Up Space: Women's Weekend programming is made possible, in part, by Lizzie Cheatham McNairy and Charlie McNairy and by the NCMA's Matrons of the Arts.

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About the North Carolina Museum of Art

The North Carolina Museum of Art's permanent collection spans more than 5,000 years, from ancient Egypt to the present, making the institution one of the premier art museums in the South. The Museum's collection provides educational, aesthetic, intellectual, and cultural experiences for the citizens of North Carolina and beyond. The 164-acre Museum Park showcases the connection between art and nature through site-specific works of environmental art. The Museum offers changing national touring exhibitions, classes, lectures, family activities, films, and concerts.

The Museum opened West Building, home to the permanent collection, in 2010. The North Carolina Museum of Art, Valerie Hillings, director, is located at 2110 Blue Ridge Road in Raleigh. It is the art museum of the State of North Carolina, Roy Cooper, governor, and an agency of the Department of Natural and Cultural Resources, Susi Hamilton, secretary.